

## Lonoke First United Methodist Church

### Pop On Over

Look for a text invite or phone call to POP IN and visit with Pastor Jeremy in the next few weeks.

The Growing Committee is diligently working to organize gatherings for small group fellowship. Come for the entire hour or just pop in for a few minutes...whatever your schedule allows. If you happen to miss your designated group event, pop over to the Anderson Guest House on Wednesday, August 18 from 6:00-7:00.



### What are you planting in your spiritual garden?

We are in the heat of summer and some of your gardens are starting to produce fruits and vegetables. This is the time of year that everyone heads outside to work in flower beds and gardens. The work of weeding, watering, and harvesting things you have planted and nurtured. It is a time of both work and excitement. (I must confess, I am not a gardener. I would like to be in theory, but I have always failed in execution. In fact, I can't tell you how many years we have said this year will be different and planted things, but we never have any lasting success.) Gardeners do a lot of work preparing the soil, planning what they are going to plant, selecting the seeds, planting the seeds, watering, weeding, and the list goes on. They do all this work because they know the payoff will be delicious fruits and vegetable or beautiful flowers. It is a process and it takes time to turn seeds into a harvest.

How much time do you spend in your spiritual garden? Are you growing Christian virtues through the same careful planning and detailed work that it takes to build a physical garden? Do you think about the person you want to become and plan like you would a garden? Are you attentive to the practices of prayer, scripture reading, devotional time, worship, Christian fellowship, group bible studies, and fasting like you would be to the planting, weeding, watering and work of the physical garden? Your minds and souls can be filled with wonderful flowers, fruits and vegetables or they can become filled with weeds. It is all about our choices and the time we are willing to commit to our garden.

Happy Planting  
Pastor Jeremy Pressgrove



### School Supplies Needed



FUMC will be accepting school supply donations for the Lonoke School District as well as the FUMC Childcare Center. They are in need of the following items or will gladly accept monetary or gift card donations.

- Large Plastic Pencil Boxes (CCC needs 25-30)
- Elmer's Glue/Glue Sticks
- Washable Markers
- Watercolor Paint
- Crayons
- Hand Sanitizer/ Disinfectant Wipes
- Copy Paper
- Ticonderoga Pencils
- Big Pink Erasers
- Kleenex
- Dry Erase Markers (black expo)
- And other essentials such as: paper, binders, folders, earbuds, backpacks.

### Back To School Service

FUMC will have a back to school service on Sunday, August 15th. We will be blessing backpacks of teachers and students, don't forget to bring your backpack!



### LMP Experience

By: Brooklynn Meredith

My experience during LMP was incredible! I had so much fun getting to know my neighbor and helping those in need! You could see the impact you made on your neighbor's life. You helped the ones that truly needed help. LMP changed my perspective on others! If I see someone struggling, I don't think "oh, they just aren't giving their all." I now think "I hope someone is generous enough to help them." I feel like the projects that we have done has helped me to see what Jesus did for others! It made my faith grow by seeing God work in those we helped and in the work groups. I saw God moving in myself because I was challenged with some things I have never done before, but I did try my hardest to accomplish every task I was given! If someone needed something I would always try to step up for the task! I saw God in every single youth member! We all had to push ourselves to do the task we were given, even if we didn't like it that much. If we had a hard time doing our task, we still wouldn't give up! We kept on pushing ourselves no matter what. LMP is a great way to get a deeper faith, spend more time with those you usually don't spend time with, show others you truly care, help those in need, serve your community, and to have an amazing impact on someone's life! No matter who you're helping I can tell you one thing, you are the one that made an impact on their life!

## Upcoming Meetings/Events

Church Council Meeting, Sunday, August 1st, 6pm.

FUMC will be providing a meal for the Lonoke High School teachers on Wednesday, August 4th. If you would like to make a donation to help with the cost, please drop it by the church office.

Back to School Sunday/Blessing of the Backpacks, Sunday, August 15th.

Meet and Greet with the Pressgroves. Be on the look out for a phone call or text invitation. If you miss your scheduled time, "pop on over" on Wednesday, August 18th from 6-7pm.

FUMC Childcare Center Open House, Monday, August 30th at 6pm.

All Youth activities will resume on Wednesday, September 8th.

3rd Grade Bibles will be distributed on Sunday, September 12th.

FUMC Youth needs your help to support their Lonoke Mission Project (LMP). If you feel led to give please drop a check in the offering, bring by the office or give electronically.

Church Office Info:  
Monday-Thursday, 9am-  
2:30pm  
Friday, 9am-12pm  
(501)676-6767  
fumclonoke@sbcglobal.net

## Prayer List

Our prayers are with:

Patsy Goode, Olivia Chambers, Jane Lipton, Peggy Anderson, Debbie Depriest, Emily Clark, Marlo Johnson and Lonnie Davis.

If you have any changes or additions to the prayer list, please call or email the church office.

(501)676-6767

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